

## CEFR Level B2+

☺ = I know this

☹ = I need help with this

☹ = I don't know this

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<b>LISTENING</b>				
1.	I can understand standard spoken language, live or broadcast, even in a noisy environment.			
2.	I can understand in detail what is said to me in standard spoken language, even with an element of background noise.			
3.	I can keep up with an animated discussion between native speakers.			
4.	I can follow lectures and presentations in my field, even if the organisation and language are both complex.			
5.	I can understand in detail TV documentaries, interviews, talk shows, plays and films in standard language.			
6.	I can understand announcements, instructions, telephone messages etc. even when they are spoken fast, provided they are in standard dialect.			
<b>READING</b>				
7.	I have a broad active reading vocabulary, which means I can read with a large degree of independence, adapting style and speed of reading to different texts and purposes.			
8.	I can quickly scan through long and complex texts on topics of interest to locate relevant details.			
9.	I can understand in detail texts within my field of interest or speciality.			
10.	I can understand specialised articles outside my own field if I can occasionally check with a dictionary.			
11.	I can understand lengthy, complex instructions, (e.g. for formal procedures in an academic, professional or health context) including details on conditions and warnings, as long as I can reread difficult sections.			
12.	I can read novels and short stories with little use of a dictionary, after I have got used to the writer's style.			
13.	I can understand correspondence relating to my personal and professional interests with occasional use of a dictionary.			
<b>SPOKEN INTERACTION</b>				
14.	I can converse spontaneously without much sign of restricting what I say. I can reformulate ideas in different ways to ensure people understand exactly what I mean.			
15.	I can keep up with a discussion and express my ideas and opinions clearly, precisely and convincingly, even in formal meetings.			
16.	I can understand and exchange complex information and advice relating to fields with which I have some familiarity.			
17.	I can carry out an effective, fluent interview, departing spontaneously from prepared questions, following up and probing interesting replies.			
18.	I can help to negotiate a solution to a dispute, for example financial responsibility for damage in a rented flat.			
19.	I can use the telephone for a variety of purposes, including establishing contact with people I do not know, though I may need to ask for clarification if the accent is unfamiliar.			
<b>SPOKEN PRODUCTION</b>				
20.	I can give clear, well-developed, detailed descriptions on a wide range of subjects related to my interests, expanding and supporting my ideas.			
21.	I can develop an argument systematically, highlighting significant points and including supporting detail where necessary.			
22.	I can give a clear, well-structured presentation, with highlighting of significant points and can answer questions about the content.			
23.	When giving a presentation, I can depart spontaneously from my prepared text and follow up interesting points raised by members of the audience.			
24.	I can summarise information and arguments from a variety of sources, highlighting significant points.			
<b>WRITTEN PRODUCTION</b>				
25.	I can use a range of language to express abstract ideas as well as topical subjects, correcting most of my mistakes in the process.			
26.	I can write clear, detailed descriptions of real or imaginary events and experiences.			
27.	I can write a paper developing my argument with appropriate highlighting of significant points and relevant supporting detail.			
28.	I can write letters conveying degrees of emotion and highlighting the personal significance of events and experiences and commenting on my correspondent's news and views.			
<b>STRATEGIES</b>				
29.	I can intervene appropriately in discussion, using a variety of expressions to do so.			
30.	I can help the development of a discussion by giving feedback, follow up what people say and relating my contribution to theirs.			
31.	I can overcome gaps in vocabulary with paraphrase and alternative expression.			
32.	I can monitor my speech and writing to correct slips and mistakes that I make.			
<b>QUALITY OF LANGUAGE</b>				
33.	I can express myself clearly and without much sign of having to restrict what I want to say. I can reformulate ideas in different ways to ensure people understand exactly what I mean.			
34.	I can focus my attention effectively on how I formulate things, in addition to expressing the message.			
35.	I can use a variety of linking words efficiently to mark clearly the relationships between ideas.			
36.	I can maintain good grammatical control. I may sometimes make mistakes but I can correct them afterwards.			
37.	I can communicate fluently and spontaneously, even when talking at length about complex subjects.			
38.	I can choose different ways of saying things, depending on the person I am talking to and the context concerned.			